

Consults criteria at Holland Orthopaedic and Arthritic centre

A. To be seen in person by Anesthesia

See in person if **one or more criteria** below is met

• Surgical criteria:

- ALL arthroplasty cases (except elbow and ankle)
- Spine patients: more than 1x level (decompression and/or fusion)

• Medical/anesthesia criteria:

- Any CVS disorder/disease (except essential hypertension)
 - Any respiratory disorder/disease (except: mild asthma, URTI)
 - Any renal disorder/disease
 - Any neurological disorder/disease
 - Any endocrine disorder/disease (except: stable hypothyroidism; diabetes not on insulin)
 - Any rheumatological disorder/disease
 - Any hepatic disorder (except remote history of jaundice)
 - Any hematological disorder/disease (except mild anemia)
 - BMI > 35
 - Developmental disorders
 - Prior anesthetic issues (difficult airway, family history, previous anesthetic complications)
 - Known OSA or high risk of severe OSA (STOP BANG \geq 5) AND not using CPAP
- **Patient request**
 - **Preference of PAC RN**

B. Anesthesia virtual consults ONLY

(Anesthesia preference is a virtual consult using the 'zoom' platform; if a patient is unable to use zoom, a telephone consult will be offered)

• Surgical criteria:

- Upper extremity surgery (other than shoulder replacements)
 - Mid foot/ankle surgery - including ankle fusions
 - Knee surgeries (except total knee arthroplasty; knee arthroscopy)
 - Femoral or tibial osteotomies
 - Spine: single level surgery (anterior or posterior; decompression and/or fusion)
- **Absence of any of the medical conditions mentioned listed under A.**
 - **Preference of PAC RN (patients in group C)**
 - **Patient request (patients in group C)**

C. No Anes consult needed

- Carpal tunnel release
- Surgeries limited to forefoot and hand only
- Any procedure to be done under local infiltration ± IV sedation
- Knee arthroscopy

(Anesthesia preference is a virtual consult using the 'zoom' platform; if a patient is unable to use 'zoom', a telephone consult will be offered)