

# OSA protocol

OSA = formal diagnosis by PSG or STOP BANG  $\geq 4$

PSG = polysomnography (a.k.a sleep study)

CPAP implies CPAP compliant and CPAP machine available for use in hospital

## REGULAR WARD BED

**CPAP and BMI  $\leq 35$**

## MONITORED BED

**NO CPAP and BMI  $\leq 35$**   
or  
**CPAP and BMI  $> 35$**

## SPECIAL CARE UNIT

**NO CPAP and BMI  $> 35$  and severe OSA**  
(PSG or clinical judgement)

If NO CPAP and BMI  $> 35$ , can also go to MONITORED if  
OSA not severe